

VBODA State Assessment Information

- PLEASE, DRY CLEAN YOUR UNIFORM
- Report to stadium 10/24 by 7:45 am (Student Leaders 7:30 am) Back to C.H. ~6:00 pm.
- Wear Black Queen T-Shirt/Jeans and white marshmallow band jacket with jeans!
- We will practice in the stadium before leaving. **Bring an insulated jug of water.**
- Eat a great breakfast before arriving. Drink plenty of water!
- Bring a cooler with lunch, drinks, snacks and PG 13 movie for the bus ride... LUNCH WILL NOT BE SERVED....Please keep the buses clean!
- Bring complete uniform in its garment bag, hat in box (PLEASE PLACE THE HAT BOX INSIDE YOUR GARMENT BAG), black socks, black gloves, and polished black shoes.
- **We will travel to & from the State Assessment in uniform.**

Trailer in stadium by 7:15 a.m. Chaperones & Cannon Crew arrive by 10 am. Depart CH 10:45am

Parents are encouraged to attend and cheer on our Marching Cavs.

Arrive to Liberty H. S. by 2 p.m.

6300 Independence Ave, Bealeton, VA 22712 ~ 2 hour travel time

Visual Rules

1. Forward - toes up, roll from heel to toe. Backward – heels up, on toes.
- 2. Hip-switches snappy!!!**
3. Horn Angle – SHOULDERS! – HEADS UP!
4. Cover down, Spacing - park the car in all Sets & during all Transitions
5. Start & Stop TOGETHER!

Music Rules

1. Listen carefully to the pitch.
2. Dynamic Contrast, it helps create more excitement!!!
3. Rhythmic Precision - Stay in control....watch our drum majors!
4. Support sound and Release at the end of phrases together.
5. Be CONFIDENT!!!

**OUR INDIVIDUAL GOAL IS TO IMPROVE AND GET BETTER
EVERY TIME WE PERFORM AND PRACTICE.**

**WE ARE EACH RESPONSIBLE TO BUILD UPON OUR SUCCESSES.
LET'S MAKE THE STATE ASSESSMENT AWESOME!**

Our ULTIMATE GOAL is More ENERGY & TO BE INTENSE!!!